

**Curriculum Vitae  
of  
Dr. Farjana Ahmed**



**Contact**

**Dr. Farjana Ahmed**

**Associate Professor**

Department of Psychology

Jagannath University

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**Educational Background**

Degree: **PhD**, (2018)

Adolescent Mental Health in Relation to the Factors of Social Ecosystem

Degree: **M.S** in Psychology (2003), 1st Class

Faculty of Biological Science, University of Dhaka

Degree: **B.Sc.** Honours in Psychology (2002) 1st Class

Faculty of Biological Science, University of Dhaka

Degree: **SSC** (1996), 1st Division

Holy Cross Girl's High School

Degree: **HSC** (1998), 1st Division

Holy Cross College

**Appointments:**

1. Associate Professor, Department of Psychology, Jagannath University.  
(April 2018 to date).
2. Assistant Professor, Department of Psychology, Jagannath University.  
(April 2012 to April 2018).
3. Lecturer, Department of Psychology, Jagannath University.  
(October 2008 to April 2012).
4. Psychologist, Department of Women Affairs, Ministry of Women and Children Affairs  
(2007 to 2008).

## Fellowship

1. **NST Fellowship** (2013-15) on **PhD** Program.  
Adolescent Mental Health in Relation to the Factors of Social Ecosystem.

## Publication of Research Papers

1. Md. Shahinuzzaman, **Farjana Ahmed** (2009). Relation of Intimacy, Trust and Liking with Self-Disclosure. *Bangladesh Psychological Studies*, 19, 37-46.
2. **Farjana Ahmed** (2010). Effects of Noise Sensitivity on Anxiety and Mental Health. *The Dhaka University Journal of Psychology*, 34, 76-84.
3. **Farjana Ahmed** and Md. Rusel Uddin (2011). Relationship of Mental Health with Social Support, Self-Esteem, Stress Anxiety, Occupation and Sex. *Jagannath University Journal of Psychology*, 1(1), 17-24.
4. Md. Shahinuzzaman, **Farjana Ahmed** and A.S.M. Azizul Islam (2012). Perceived Parental Attachment, Classroom Climate Variables and Student Achievement. *Jagannath University Journal of Psychology*, 2(1), 69-78.
5. Saifuddin Kazi, Asok Kumar, Mohammad Noor, **Farjana Ahmed** (2013). Psychophysical Health in Relation to the Perceived Annoyance to Environmental-noise Pollution. *Jagannath University Journal of Psychology*, 3(1), 9-16.
6. **Farjana Ahmed** and Das Rajon (2013). Relationship of Adolescent Depression with Self-concept, Sex and Place of Residence. *Jagannath University Journal of Psychology*, 3(1), 107-112.
7. Kazi Saifuddin, **Farjana Ahmed**, Nazmul A Khan and Md. Nobi Nirobe (2014). Compared Perception of Auditory Temporal Duration Between Two Different Stimuli. *South-East University Journal of Science and Engineering*.7, 47-51.
8. **Farjana Ahmen** and Md. Asaduzzaman Raju (2014). Relationship of Happiness and Depression with Self-control. *Jagannath University Journal of Psychology*, 4(1).
9. Md. Shahinuzzaman, **Farjana Ahmed** (2014). Predictors of Life Satisfaction Among Non-Institutional Older Adults. *Bangladesh Journal of Psychology*.
10. Nazmul A Khan, Kazi Saifuddin and **Farjana Ahmed** (2015) Knowledge, Attitude and Practice of Safe Motherhood Among the Slum Women of dhaka City. *Jagannath University Journal of Life and Earth Sciences*.1,68-76.
11. **Farjana Ahmed** and Abdur Razzaque(2015). Role of Intimacy and Depression on Marital Adjustment. *Jagannath University Journal of Psychology*, 5(1).49-56.
12. Kazi Saifuddin, Asoke Kumar Saha and **Farjana Ahmed** (2015). Hemispheric Dominance of Auditory Temporal Perception in Human. *An Academic Journal of Department of Psychology*. Perm State Humanitarian University, Russia.1,47-54.
13. **Farjana Ahmed** and Sanjida Afrin (2016). Psychological Abuse in Intimate Partner Relationships as a Function of Gender, Educational, Marital and Socioeconomic Status. *Jagannath University Journal of Psychology*, 6(1).
14. Nilima Bala Mondal, **Farjana Ahmed** and Kazi Saifuddin (2017). Relationship of

Self-esteem with Social Support, Anxiety and Depression. *Jagannath University Journal of Social Sciences*. (Accepted).

### **Personal Interest**

**Research:** Mental Health, Developmental Psychology , Social Psychology, Counseling Psychology, Noise Pollution, Educational Psychology, Environmental and Health Psychology, etc.

**Teaching:** Abnormal Psychology, Counseling Psychology, Advanced Counseling Psychology, Educational Psychology, Developmental Psychology, etc.

**Hobby :** Reading, Traveling, listening music, etc.

### **Publication of Book**

1. Mir Fakruzzaman and **Farjana Ahmed** (2014). *Experimental Psychology*. *Mostafa Publications*, Bangla Bazar, Dhaka.

### **Honorary Position**

1. **Member of the Board of Editors** (2013-15). *Jagannath University Journal of Psychology* (ISSN: 2225-4439). Department of Psychology, Jagannath University, Dhaka.
2. **Vice President**. Corruption Prevention committee, Dhaka South (Onward).
3. **Life Member**, Bangladesh Psychological Association (BPA).

### **Training**

1. Attended a Nonviolent Communication “NVC Basics” Training, Dhaka (March , 2018).
2. Attended a Transactional Analysis “TA 101” Training, Dhaka (April, 2018).
3. Trained on SPSS & Applied Statistics conducted by the Institute of Statistical Research and Training (ISRT), University of Dhaka (June, 2009).
4. Training on “English Language Proficiency Course” conducted by Academy for Planning and Development, Ministry of Planning (February to June, 2008).
5. Training on MAT Lab. Jagannath University under the department of CSE.
6. Training on Qualitative Research Methods, Jagannath University (August to September, 2014).

### **Workshop**

1. Orientation of Civil Society on Gender Issues and Sex Disaggregated Data on *ICPD/MDG/PRSP*, (2007). IPGNSP.
2. Short Training Program on Gender Issues in the Health Sector. (2008). *Ministry of Health and Family Welfare*.

## **Seminar**

1. First Scientific Seminar and AGM of the Association of Therapeutic Counselors (2011). Bangladesh (ATCB).
2. Fifth International SIVUS Conference on Mental Retardation (2009). Nawab Nobab Ali Senate Hall, University of Dhaka.

## **Personal Details**

Father's Name : Shah Taher Uddin Ahmed  
Mother's Name : Hosne Ara Begum  
Date & place of Birth : January 28, 1980, Dhaka, Bangladesh  
Nationality : Bangladeshi  
Marital Status : Married  
Permanent Address : 5/B, 14 Salimullah Road (2<sup>nd</sup> floor), Mohammadpur, Dhaka